



Rutgers University- Camden
Athletic Training Department

June 2025

Dear Student-Athletes and Parents:

On behalf of the athletic training staff, we would like to welcome new student-athletes to RU-C, and welcome back our returners! Within this packet, you will find a clearance checklist to refer to, as well as instructions on how to complete each of these requirements. Please carefully review the checklist and the instructions under either the freshmen and transfer section, or scroll further down to the returners section. If you have any questions, please do not hesitate to reach out to us.

Have a great summer! We look forward to seeing everyone soon!

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Freshmen and Transfer Student-Athletes:

Medical Clearance Checklist

	1. Create online ATS profile and complete paperwork
	2. Complete physical with physician and upload Rutgers University- Camden NCAA Pre-Participation Physical Exam Form to ATS
	3. Obtain sickle cell trait status and upload results to ATS
	4. Take online ImpACT test (in person with team)
	5. Take SCAT6 test with athletic training staff (in person with team)

Other Requirements

	6. Complete NCAA paperwork on Front Rush
	7. Complete general immunization requirements for RU-C Wellness Center

1. **Create your online ATS profile** using the step-by-step ATS directions for new athletes attached further in this document, and complete the following sections:

- a. Demographic information
- b. Emergency contact
- c. Insurance
- d. 6 forms
 - i. If you are under the age of 18, a parent/guardian must co-sign your forms

2. **Physical**

- You must schedule and complete a physical with your primary care provider or doctor of your choice prior to **July 31st, 2025**. You will need to print and bring the **Rutgers University- Camden NCAA Pre-Participation Physical Exam Form** with you to be filled out by your doctor, which has been sent to your email, and linked on our website [HERE](#). We will not accept your physical if this form is not filled out. Your physical must be completed within 6 months of the start of official practices for your sport, so the earliest dated physical you can submit is as follows:
 - i. Fall sports: February 20th
 - ii. Spring sports: March 20th
 - iii. Winter sports: April 20th

- You are able to schedule a sports physical at the RU-C Wellness Center if you do not have a primary care provider or doctor you prefer. You can schedule with them by calling 856-225-6005
- After completing your physical and getting your form filled out by your doctor, you will need to upload a copy of the form (scanned, or a clear photo) into your ATS account. Directions can be found in the ATS step-by-step directions attached further in this document.

3. Sickle Cell Trait Test Results

The NCAA requires all first-year student-athletes to disclose their sickle cell trait status prior to athletic participation. Once you obtain your results, you will upload them into your ATS account by following the step-by-step directions attached further in this document. There are three different ways you can obtain your results:

- a. Obtain results from your newborn screening, which was likely done if you were born after 2000. *Obtaining state results may take two or more weeks*
 - i. If you were born in NJ you can call the NJ State Dept of Health at 609-530-8371 to obtain your results
 - ii. If you were born in PA, you can call the PA State Dept of Health at 717-783-8143
 - iii. If you were born in another state you can use this PDF to find your state's newborn screening contact number:
https://static.scarletraptors.com/custompages/AthleticTraining/Sickle_Cell_Contact_Numbers.pdf OR
- b. Get tested at a Quest or Labcorp [Quest SCT testing](#)
 - If needed, ask your physician for a script when you go for your physical
- c. Get tested on your own at the Wellness Center on campus
 - Call and schedule an appointment: 856-225-6005
 - Upload results to ATS once you receive them

4. ImPACT Test is a computerized test that is used by the AT Staff as a baseline tool in the event of a head injury, and all student-athletes need to take it every other year. The ImPACT will be conducted in-person during your team's mandatory summer meeting/paperwork day with the athletic trainers. Team meeting dates and times are listed within this document.

5. SCAT6 Test is a sideline concussion baseline tool that is used by the AT Staff in the event of a head injury, and all student-athletes need to take it every year. The SCAT6 will be performed in-person during your team's mandatory summer meeting/paperwork day with the athletic trainers. Team meeting dates and times are listed within this document.

6. NCAA Paperwork is found online using Front Rush. Information will be sent to your school email from Tom Thomasson, Athletic Director. Any questions regarding this paperwork should be directed to Tom at tthomass@camden.rutgers.edu

7. **Immunization requirements** are general requirements for all students by the RU-C Wellness Center, and these are independent from athletic training requirements. Visit the link below to see the wellness center's requirements and their instructions on how to upload them. <https://wellnesscenter.camden.rutgers.edu/immunization-requirements-faq/>

Returning Student-Athletes:

Medical Clearance Checklist

	1. SOPHOMORES/SENIORS ONLY: Schedule medical history review with AT staff
	2. JUNIORS/5th YEARS ONLY: Complete physical with physician and upload Rutgers University- Camden NCAA Pre-Participation Physical Exam Form to ATS
	3. Update ATS information
	4. Take online ImpACT test (in person with team)
	5. Take SCAT5 test with athletic training staff (in person with team)

Other Requirements

	6. Complete NCAA paperwork on Front Rush
	7. Ensure all general immunization requirements for RU-C Wellness Center are still up-to-date

1. Medical history review (SOPHOMORES/SENIORS ONLY)

You will need to schedule a short meeting with the AT staff to review your medical history, and the deadline for this will be **July 31st, 2025**. You can schedule your appointment here: <https://ruc-rehab.youcanbook.me/> If it is determined that you need an updated physical, you will be notified and information will be sent to your Rutgers e-mail.

2. Physical (JUNIORS/5th YEARS ONLY)

- You must schedule and complete a physical with your primary care provider or doctor of your choice prior to **July 31st, 2025**. You will need to print and bring the **Rutgers University- Camden NCAA Pre-Participation Physical Exam Form** with you to be filled out by your doctor, which is linked on our website [HERE](#). We will not accept your physical if this form is not filled out. Your physical must be completed within 6 months of the start of official practices for your sport, so the earliest dated physical you can submit is as follows:

- ii. Fall sports: February 20th
- iii. Spring sports: March 20th
- iv. Winter sports: April 20th

- You are able to schedule a sports physical at the RU-C Wellness Center if you do not have a primary care provider or doctor you prefer. You can schedule with them by calling 856-225-6005
- After completing your physical and getting your form filled out by your doctor, you will need to upload a copy of the form (scanned, or a clear photo) into your ATS account. Directions can be found in the ATS step-by-step directions attached further in this document.

3. Update your online ATS profile using the step-by-step ATS directions for returners attached further in this document, and complete the following sections:

- a. Insurance
- b. 6 forms

4. ImPACT Test is a computerized test that is used by the AT Staff as a baseline tool in the event of a head injury, and all student-athletes need to take it every other year. The ImPACT will be taken in-person during your team's mandatory summer meeting/paperwork day with the athletic trainers. Team meeting dates and times are listed within this document.

5. SCAT6 Test is a sideline concussion baseline tool that is used by the AT Staff in the event of a head injury, and all student-athletes need to take it every year. The SCAT6 will be taken in-person during your team's mandatory summer meeting/paperwork day with the athletic trainers. Team meeting dates and times are listed within this document.

6. NCAA Paperwork is completed online on Front Rush, and information will be emailed to your school email from Tom Thomasson, Athletic Director. Any questions regarding this paperwork should be directed to Tom at tthomass@camden.rutgers.edu

7. Immunization requirements are general requirements for all students by the RU-C Wellness Center, and these are independent from athletic training requirements. Visit the link below to see the wellness center's requirements and their instructions on how to upload them. <https://wellnesscenter.camden.rutgers.edu/immunization-requirements-faq/>

MANDATORY Summer Team Meeting Schedule:

Throughout the last week of July, we will be holding MANDATORY in-person team meetings with each team in order to go over a compliance powerpoint and complete baseline concussion testing. You will need to bring a laptop or iPad with you. We will send email reminders to everyone in July. We expect all student-athletes to attend except those who reside outside of NJ or PA. If you are an out of state athlete or have a prior engagement/vacation scheduled, please reach out to Andrea or Makayla to get more information regarding the make-up meeting date.

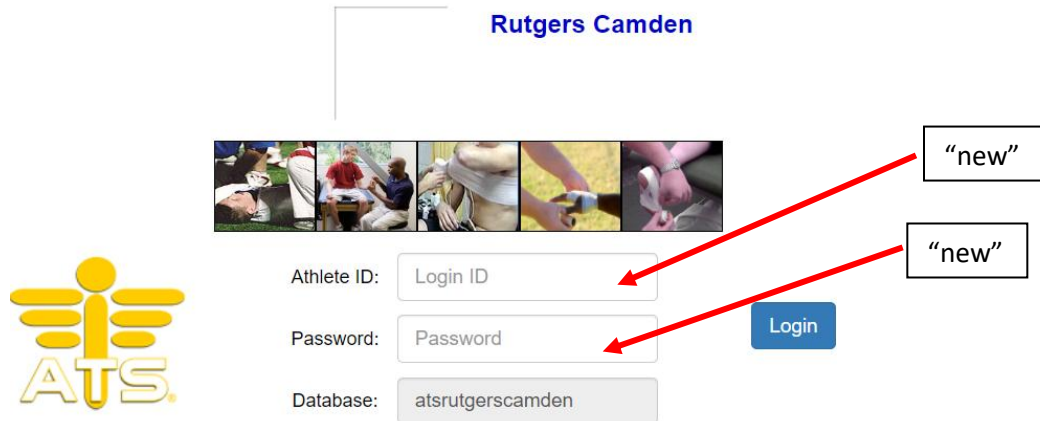
Monday July 28 th 10am-1pm:	Women's Soccer
Monday July 28 th 1pm-4pm:	Volleyball & M/W Tennis
Tuesday July 29 th 10am-1pm:	Men's Soccer
Tuesday July 29 th 1pm-4pm:	Softball
Wednesday July 30 th 10am-1pm:	Women's Basketball
Wednesday July 30 th 1pm-4pm:	Men's Basketball
Thursday August 31 st 10am-1pm:	Track & Field & Cross Country
Thursday August 31 st 1pm-4pm:	Golf & Baseball (Last names A-I)
Friday August 1 st 10am-1pm:	Baseball (<u>Last names J-Q</u>)
Friday August 1 st 1pm-4pm:	Baseball (<u>Last names R-Z</u>)

ATS DIRECTIONS FOR: NEW ATHLETES (FRESHMEN/TRANSFERS)

1. Go to rutgerscamden.atsusers.com/athleteportal

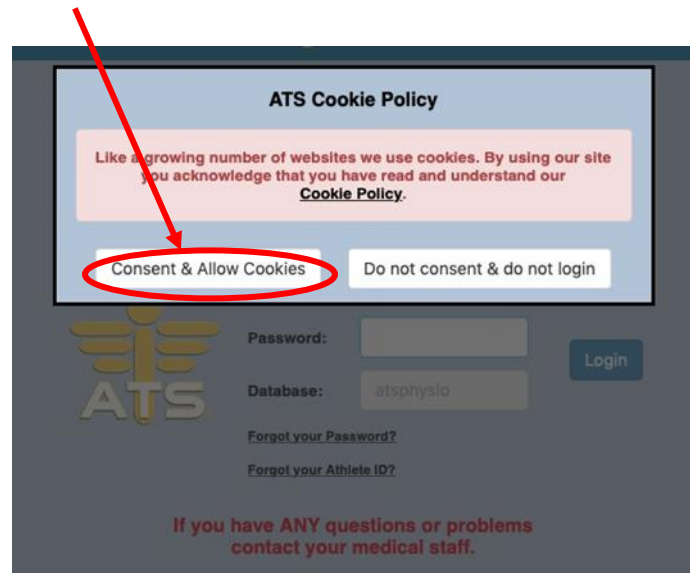
2. Enter the following information:

- Athlete ID: New (will be required to use RU Student ID # once logged in)
- Password: New (will be required to create new password once logged in)
- Database: "atsrutgerscamden"



The image shows the login portal for Rutgers Camden's ATS system. At the top, it says "Rutgers Camden" in blue. Below this is a row of five small images showing athletes in various activities. To the left of the login fields is the ATS logo, which consists of a stylized yellow figure with arms and legs, and the letters "ATS" below it. The login fields are labeled "Athlete ID:", "Password:", and "Database:". The "Athlete ID" field contains the text "Login ID", and the "Password" field contains the text "Password". The "Database" field contains the text "atsrutgerscamden". To the right of the "Password" field is a blue "Login" button. Two red arrows point from boxes containing the word "new" to the "Athlete ID" and "Password" fields respectively.

3. CLICK "Consent & Allow Cookies"



The image shows a "ATS Cookie Policy" dialog box. The dialog has a title bar that says "ATS Cookie Policy". Below the title bar is a text area that says "Like a growing number of websites we use cookies. By using our site you acknowledge that you have read and understand our Cookie Policy." Below the text area are two buttons: "Consent & Allow Cookies" and "Do not consent & do not login". The "Consent & Allow Cookies" button is circled in red, and a red arrow points to it from the text "3. CLICK 'Consent & Allow Cookies'". Below the dialog box is the ATS login portal, which includes the ATS logo, a "Password:" field, a "Database:" field with the text "atsphysio", and a "Login" button. Below the login fields are links for "Forgot your Password?" and "Forgot your Athlete ID?". At the bottom of the page, it says "If you have ANY questions or problems contact your medical staff."

4. Complete the following tabs:

Athlete Information - RUTGERS CAMDEN Logout

General Insurance * Contact *

Light Yellow colored items are required to be filled out.

Select Organization:

Select Team 1:

Select Team 2:

Select Team 3:

➤ General tab

- Fill all highlighted boxes
- **ATHLETE ID MUST BE RU STUDENT ID# WITHOUT THE DASHES**

Athlete ID

Used to log into the ATS Athlete Portal and Kiosk.

- ****Note: create a new password you will remember for future logins**

➤ Insurance tab

- Fill all highlighted boxes
- ****If your insurance company is not on the dropdown box, exit, click “Add a new insurance company”, then click “ADD” again**
- Note: Visible, clear front and back pictures of insurance cards are **REQUIRED**

General Insurance * Contact * eFiles

Insurance ☐ No Primary Insurance?

Add a New Insurance Company

If you are not able to find your insurance company in the company list below, then click the "Add a New Insurance Company" button

Company	<input type="text"/>	Policy Holder Information	
Ins Type	<input type="text"/>	Name	<input type="text"/>
Phone	<input type="text"/>	First	<input type="text"/>
Plan Name	<input type="text"/>	MI	<input type="text"/>
Plan Type	<input type="text"/>	Last	<input type="text"/>
Copay	<input type="text"/>	DOB	<input type="text"/>
ID #	<input type="text"/>	Gender	<input type="text"/>
Group #	<input type="text"/>	Street	<input type="text"/>
Policy Start	<input type="text"/>	City / St / Zip	<input type="text"/>
Policy End	<input type="text"/>	Phone	<input type="text"/>
Deductible	<input type="text"/>	Athlete's Relationship to Insured	<input type="text"/>
or	<input type="text"/>	Signature On File <input type="checkbox"/>	
		Employer Name	<input type="text"/>
		Email	<input type="text"/>

Info of
Student/Parent/Guardian in
charge of insurance card

Upload Insurance Card Images

Make sure this image is of your insurance card only and can be read easily. Files must be < 1mb in size and type .jpg, .png, .bmp or .gif.

Front* No file chosen

Back* No file chosen

Front/Back (size 2" x 6") No file chosen

Size 2" x 6" means 2 inches high and 6 inches wide. Remember the images must be able to be read.

Address

PCP Name

PCP Phone

"Primary Care Physician"

Take a photo and then upload here: **Make sure your photos are clear and legible!**

➤ Contacts tab

- Fill all highlighted boxes

General Insurance * **Contact ***

Primary Emergency Contact

Contact's Name:

Relationship:

Primary Phone:

Cell:

Work Phone:

Email:

Text Address:

example: 5551231234@domain.com

Login ID:

Password:

Password must have:

- At least 8 characters
- At least 1 lowercase letter
- At least 1 uppercase letter
- At least 1 number
- At least 1 special character

Employed? ☐

Employer Name:

Notes:

5. CLICK "Save Athlete Information" (This will prompt another screen to pop-up)

6. Complete the next two tabs:

Athlete Information - RUTGERS CAMDEN Menu Logout

General **Medical History** Sickie Cell Immunizations/Paperwork Insurance Contacts **Forms** eFiles

Light Yellow colored items are required to be filled out.

Name: John (First) Doe (Last) Suffix

7. Medical History tab

- Please add any medical red flags (i.e. asthma, heart conditions, disabilities, etc.) in “Other medical notes”
- It is **CRUCIAL** that you do not leave out any pertinent information
- Click “Save Medical History” THEN “Verify Medical History”
- Click “Add New Surgery” if you have had any past surgeries. If none, this section can be skipped

Athlete Information - RUTGERS CAMDEN Menu Logout

General **Medical History** Sickie Cell Immunizations/Paperwork Insurance Contacts Forms eFiles

Surgeries - Please edit or insert any surgeries you may have had.
No surgeries found.

Add New Surgery Edit Selected Delete Selected

Other Medical Notes

Save Medical History Verify Medical History

I verify that the medical history above is correct and up to date.
This is only required if no changes have been made.

8. Forms tab

- Click the drop down box “Form name” then select new
- **ALL 6 FORMS MUST BE COMPLETED AND SIGNED** (Sign, type name, then click “sign”)
 1. Health History Form
 2. RUC Insurance Disclaimer (Policy holder must also sign! If you are the policy holder of your insurance, sign twice)
 3. HIPPA Release Form
 4. RUC Athletic Training Rules
 5. Concussion/ImPACT Consent
 6. RUC PHQ 9 Screening

Athlete Forms

Form Name: RUC Health History Form Date: No entries found for form

New Save Print Blank

ALL 6 FORMS MUST BE COMPLETED AND SIGNED
(No parent/guardian signature needed if over 18yrs old)

Please read the [Electronic Record and Signature Disclosure](#)

☐ I agree to use electronic records and signatures. ?

Athlete/Student Signature

* Signed By: Sign

Parent/Guardian Signature

Signed By: Sign

Save

-Type full name
-Click "Sign"
-Click "Save"
(*Note: Parent/guardian signature is only required for Insurance Disclaimer form if you are on their insurance)

9. Click on "Immunizations/Paperwork" tab to confirm paperwork was submitted

- Once paperwork is completed, you will see the word "Submitted" and the date next to each form
- The "Paperwork Complete" box will be checked when they're all complete
- The "Cleared to Play" box will be checked when AT staff collects and reviews all medical documentation, including physicals
- **Note: Immunization section does not need to be completed

Athlete Information - RUTGERS CAMDEN Menu Logout

General Medical History Sickie Cell **Immunizations/Paperwork** Insurance Contacts Forms eFiles

Immunizations

No immunizations found.

Add New Immunization Edit Selected Delete Selected

Verify Immunization Information I verify that the immunization information above is correct and up to date. This is only required if no changes have been made.

Primary Paperwork List

☐ Paperwork Complete ☐ Cleared To Play CFP Status

Paperwork	Submitted	Submit Date	Verified	Comment
RUC Health History Form				
RUC Insurance Disclaimer				
RUC HIPAA Release Form	Submitted	06/11/2024		

10. eFiles Tab (To be completed after you receive your physical and sickle cell trait status)

- Select eFiles tab

The screenshot shows the 'Athlete Information - RUTGERS CAMDEN' header with a navigation bar containing tabs: General, Medical History, Sickle Cell, Immunizations/Paperwork, Insurance, Contacts, Forms, and eFiles (highlighted with a red circle). Below the header, the 'Electronic Files' section is visible. It contains two sections: 'Electronic Files uploaded by the athlete.' with an 'Upload Document' button (highlighted with a red circle), and 'Electronic Files provided by the athletic training staff.' Below these, it states 'No staff documents found.' and another 'Upload Document' button.

- Click “Upload Document” when you are ready to upload your **physical exam form**
 - Select “Physical” as document type
- Click “Upload Document” when you are ready to upload your **sickle cell trait documentation**
 - Select “Sickle Cell” as document type

The left screenshot shows the 'Upload an Electronic Document' form with the following fields: 'Description' (Physical), 'Document Type' (Physical), and 'File' (Choose File, No file chosen). The right screenshot shows the same form with 'Description' (Sickle Cell Results), 'Document Type' (Sickle Cell), and 'File' (Choose File, No file chosen). Both forms have 'Upload' and 'Close' buttons at the bottom.

- After you successfully upload your documents, you will see them at the bottom of the page

The screenshot shows the 'Athlete Information - RUTGERS CAMDEN' header with the 'eFiles' tab selected. A green message box states 'Document successfully uploaded.' Below this, the 'Electronic Files' section is visible. It contains two sections: 'Electronic Files uploaded by the athlete.' with an 'Upload Document' button, and 'Electronic Files provided by the athletic training staff.' Below these, it states 'No staff documents found.' and another 'Upload Document' button. At the bottom, a table lists the uploaded documents:

Date	Description	View
06/11/2024	Athlete Upload: Sickle Cell Results	View
06/11/2024	Athlete Upload: Physical	View

ATS DIRECTIONS FOR: RETURNING ATHLETES

1. Go to rutgerscamden.atsusers.com/athleteportal

2. Enter the following information:

- Athlete ID: Your RU ID# student ID without the dashes
- Password: **Re\$et2025** (will be required to create new password once logged in)
- Database: "atsrutgerscamden"

The screenshot shows the Rutgers Camden ATS login interface. At the top, it says "Rutgers Camden" in blue. Below that is a row of five small images showing athletes in various sports. To the left of the login form is the ATS logo, which consists of a stylized yellow figure with arms raised and the letters "ATS" below it. The login form has three input fields: "Athlete ID:" with a placeholder "Login ID", "Password:" with a placeholder "Password", and "Database:" with the value "atsrutgerscamden". A blue "Login" button is to the right of the password field. Red arrows point from text boxes to these fields: one from "RU ID# without dashes" to the Athlete ID field, and another from "Re\$et2025" (Note: all passwords were reset to this and must be changed) to the Password field.

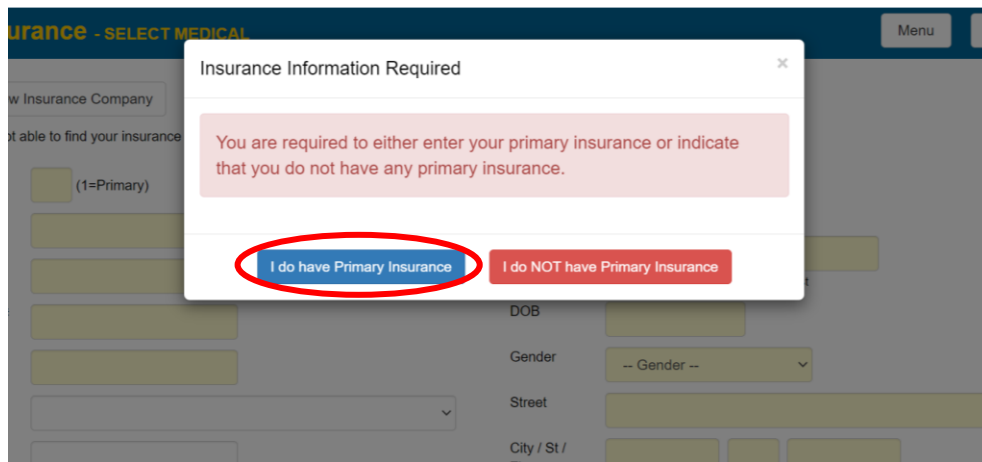
- When prompted to change password, be sure to enter "Re\$et2025" again in the old password box

Your password has expired. Please enter a new password.

The screenshot shows the "Change Password" form. It has three main input fields: "Old Password:", "New Password:", and "Confirm New Password:". Below the "New Password:" field, there is a section titled "New Password must have:" with five sub-input fields: "At least 8 characters", "At least 1 lowercase letter", "At least 1 uppercase letter", "At least 1 number", and "At least 1 special character". A blue "Change Password" button is at the bottom. A red arrow points from the text "When prompted to change password, be sure to enter 'Re\$et2025' again in the old password box" to the "Old Password:" input field.

3. Enter your insurance information:

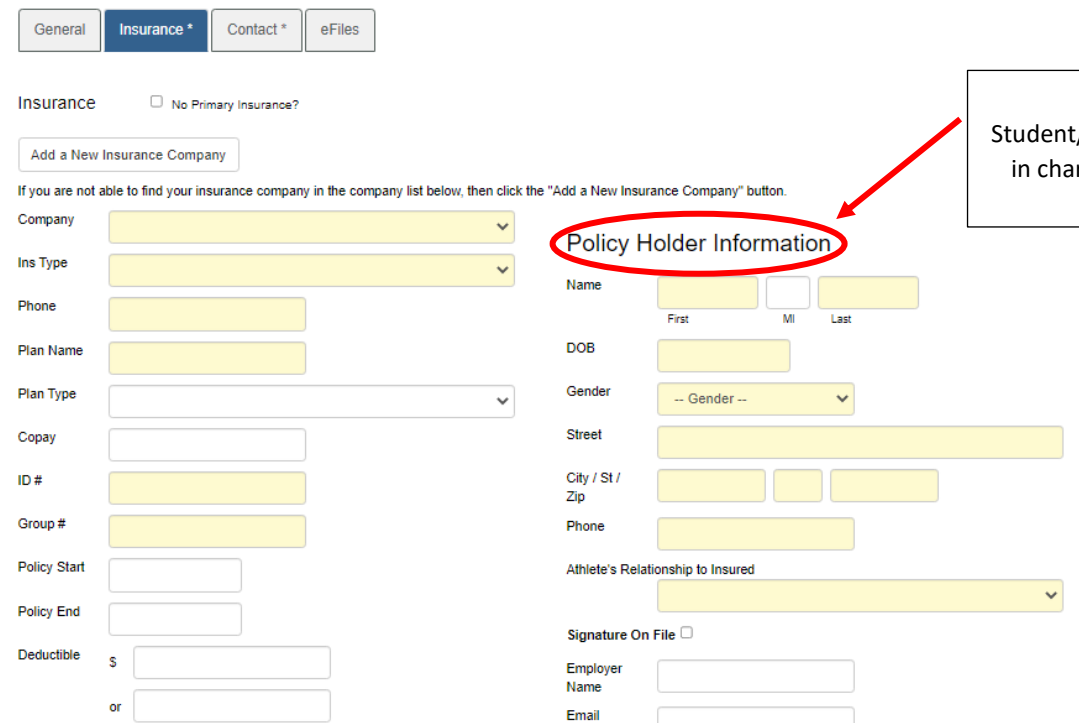
- You will be prompted to enter your insurance next. Select “I do have primary insurance”
- If you have school insurance, select “I do NOT have primary insurance” and be sure to email your school insurance policy information/insurance cards to Andrea and Makayla ASAP



- Fill out all highlighted boxes

○ YOUR INSURANCE MUST BE UPDATED EVERY ATHLETIC YEAR!

- **If your insurance company is not on the dropdown box, exit, click “Add a new insurance company”, then click “ADD” again
- Note: Visible, clear front and back pictures of insurance cards are REQUIRED



Upload Insurance Card Images

Make sure this image is of your insurance card only and can be read easily. Files must be < 1mb in size and type .jpg, .png, .bmp or .gif.

Front* No file chosen

Back* No file chosen

Front/Back (size 2" x 6") No file chosen

Size 2" x 6" means 2 inches high and 6 inches wide. Remember the images must be able to be read.

Address

PCP Name

PCP Phone

Take a photo and then upload here: **Make sure your photos are clear and legible!**

"Primary Care Physician"

4. Select "Menu" in the top right corner after finishing insurance

- Next, select "Athlete Information" in order to proceed to next steps

Organization: RUTGERS CAMDEN
Welcome

Using the links below, you are able to enter, view or update your personal information.

Announcements

No Announcements Today

Click An Option Below

Athlete Information Report Injury My Schedule Request Appointment Injury Journal Screening Rehabs Modalities

Strength Limitation Send Email Protocols Pick Protocols

If you have ANY questions or problems contact your medical staff.

5. Complete the following tabs:

Athlete Information - RUTGERS CAMDEN

Menu Logout

General Medical History Sickle Cell Immunizations/Paperwork Insurance Contacts Forms eFiles

Light Yellow colored items are required to be filled out.

➤ General tab

- Fill all highlighted boxes
- Click "Add new team" if you play more than one sport
- **Note: create a new password you will remember for future logins

Alternate ID

Password

Year

Blood Type

Driver #

Passport #

Race

Marital

Ethnicity

Employed

Preferred Hospital Information

Family Physician Information

Medical Alerts (Size limit 200)

Allergies (Size limit 200)

Current Medications (Size limit 200)

I verify that the information above is correct and up to date. This is only required if no changes have been made.

No PHOTO AVAILABLE
(Suggested Size: 160x200 and < 1MB)
 no file selected

Click "Save Athlete Information" or "Verify Athlete Information" to update

Database: atphysio | ATS Athlete Portal Version 2.0.0.0
Copyright © 2022, Kaffer Development Services, LLC

Menu Logout

➤ Medical History tab

- Please add any medical red flags (i.e. asthma, heart conditions, disabilities, etc.) in "Other medical notes"
- It is **CRUCIAL** that you do not leave out any pertinent information
- Click "Save Medical History" THEN "Verify Medical History"
- Click "Add New Surgery" if you have had any past surgeries. If none, this section can be skipped

➤ Insurance tab (should have been completed already upon logging in)

- If for some reason you were not prompted upon logging in, click "Add New Insurance" and follow the instructions listed above in step 3

Athlete Information - Rutgers Camden

General Medical History Sickle Cell Immunizations/Paperwork **Insurance** Contacts Forms eFiles

Insurance ☒ **No Primary Insurance**

No insurance found.

If you are not able to find your insurance company in the list, close the popup window. Then click the button above to add your company to the list.

I verify that the insurance information above is correct and up to date. This is only required if no changes have been made.

Database: at RutgersCamden | ATS Athlete Portal Version 2.0.0.0
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Menu Logout

➤ Contacts tab

- Click “Add New Contact and fill all highlighted boxes (2 contacts preferred)
- Click “Verify Emergency Contact Information”
- **If there are no changes to your existing contacts, just click “Verify Emergency Contact Information”

Athlete Information - RUTGERS CAMDEN Menu Logout

General Medical History Sickie Cell Immunizations/Paperwork Insurance **Contacts** Forms eFiles

Emergency Contacts
No emergency contacts found.

Add New Contact Edit Selected Delete Selected

Verify Emergency Contact Information I verify that the emergency contact information above is correct and up to date. This is only required if no changes have been made.

Database: ats Rutgers Camden | ATS Athlete Portal Version 2.0.0.0
Copyright © 2024, Ketter Development Services, LLC | Privacy Policy Menu Logout

➤ Forms tab

- Click the drop down box “Form name” then select new
- **ALL 6 FORMS MUST BE COMPLETED AND SIGNED** (Sign, type name, then click “sign”)
 1. Health History Form
 2. RUC Insurance Disclaimer (Policy holder must also sign! If you are the policy holder of your insurance, sign twice)
 3. HIPPA Release Form
 4. RUC Athletic Training Rules
 5. Concussion/ImPACT Consent
 6. RUC PHQ 9 Screening

Athlete Information - RUTGERS CAMDEN Menu Logout

General Medical History Sickie Cell Immunizations/Paperwork Insurance Contacts **Forms** eFiles Reset Login Info

Athlete Forms

Form Name **RUC Health History Form** Date No entries found for form

New Sign Print Blank

ALL 6 FORMS MUST BE COMPLETED AND SIGNED
(No parent/guardian signature needed if over 18yrs old)

Please read the [Electronic Record and Signature Disclosure](#)

☐ I agree to use electronic records and signatures. [?](#)

Athlete/Student Signature

* Signed By:

Parent/Guardian Signature

Signed By:

-Type full name
-Click "Sign"
-Click "Save"
(*Note: Parent/guardian signature is only required for Insurance Disclaimer form if you are on their insurance)

6. Click on "Immunizations/Paperwork" tab to confirm paperwork was submitted

- Once paperwork is completed, you will see the word "Submitted" and the date next to each form
- The "Paperwork Complete" box will be checked when they're all complete
- The "Cleared to Play" box will be checked when AT staff collects and reviews all medical documentation, including physicals
- **Note: Immunization section does not need to be completed

Athlete Information - RUTGERS CAMDEN [Menu](#) [Logout](#)

[General](#) [Medical History](#) [Sickle Cell](#) **[Immunizations/Paperwork](#)** [Insurance](#) [Contacts](#) [Forms](#) [eFiles](#)

Immunizations
No immunizations found.

I verify that the immunization information above is correct and up to date. This is only required if no changes have been made.

Primary Paperwork List

☐ Paperwork Complete ☐ Cleared To Play ☐ **GTP Status**

Paperwork	Submitted	Submit Date	Verified	Comment
RUC Health History Form				
RUC Insurance Disclaimer				
RUC HIPAA Release Form	Submitted	06/11/2024		

7. JUNIORS/5th YEARS ONLY: eFiles Tab (To be completed after you receive your physical)

- Select eFiles tab

Athlete Information - RUTGERS CAMDEN [Menu](#) [Logout](#)

[General](#) [Medical History](#) [Sickle Cell](#) [Immunizations/Paperwork](#) [Insurance](#) [Contacts](#) [Forms](#) **[eFiles](#)**

Electronic Files

Electronic Files uploaded by the athlete.

Click the download button for the file you wish to view.

Electronic Files provided by the athletic training staff.

No staff documents found.

Electronic Files uploaded by the athlete.

No uploaded documents found.

- Click “Upload Document” when you are ready to upload your **Physical Exam Form**
 - Select “Physical” as document type

Upload an Electronic Document

Description *

Physical Form

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May 20, 2025